

Galena Creek Visitor Center
At-Home Learning Activity

Salt Dough

via Unsophisticook



If you need something that will keep your kids busy having fun and creating, make a batch of salt dough! This project is great for young kids and requires little parental involvement after the dough is made. It's a great indoor activity that involves a few simple ingredients. This project teaches kids about science through mixing the dough and creativity through whatever they decide to make out of it.

Objective: Through this activity, kids will make their own dough to play with, and have hours of fun building things and making games with their dough.

Discipline or Subject Covered: Creating this dough teaches science topics like chemistry. Through playing with the dough, kids can learn topics like art, engineering, math, and english.

Grade Level: This project is great for kids pre-K through 5th grade

Materials:

- 2 cups all-purpose flour
- 1 cup salt
- 1 cup water

Procedure:

1. Mix the flour and salt in a large bowl.
2. Slowly add the water and mix the ingredients with a spoon or your hands until you get a play-doh mixture.
3. Add glitter, sprinkles, food coloring, or other extras to make your dough more fun!

******This dough is completely edible but keep an eye on younger kids because they may eat it***

Discussion:

Activities with the Dough:

- Split the dough into three lumps and dye one red, one yellow, and one blue. See how many color combinations you can make when you blend pieces of different colors together.
- Make a lot of dough and see how tall a tower the kids can build without it falling over
- Get out cookie cutters and make different shapes with the dough

Other Resources/Further Information:

Check out this page for [more activities](#) you can do with salt dough.

